



CARES ACT & BENEFITS CHANGES

Changes to Health Care Spending Account (HCSA) Eligible Expenses

The Coronavirus Aid, Relief, and Economic Security Act (CARES Act) was signed into law on March 27, 2020. Included in the CARES Act are provisions that will allow participants in an HCSA to claim:

- **Over-the-counter medications** – Without a doctor’s prescription. Previously a doctor’s prescription was required to claim over-the-counter medicines.
- **Menstrual care products** – These products are now considered eligible expenses and can be reimbursed through a HCSA.

Participants may continue to use their HCSA Visa card to purchase over-the-counter medications or menstrual care products, and save the receipt as proof of purchase. Participants may also file a claim online at mylacountybenefits.com or use their smartphone to access the EZ Receipt App.

Dependent Care Spending Account (DCSA) Eligible Cost Change Life Event

In response to the Coronavirus, many schools and daycare providers have closed over the past few weeks. In light of this, 2020 DCSA participants may need to increase their DCSA contributions to cover the unexpected dependent care costs incurred as a result of school closures (now you need to pay a provider for daycare). Or, participants may need to decrease or cancel their contributions as a result of school and daycare closures because they no longer need daycare (participant is now teleworking, or spouse/domestic partner is now home and watching the dependent). **The good news is that DCSA participants can make changes to their 2020 DCSA for these reasons.**

Participant must complete the following steps:

1. Log on to www.mylacountybenefits.com
 - Click the “Enroll or Make Changes” button
 - Click “Life Events”
 - Select the life event “Dependent Care Cost Change” from the drop-down menu
 - Enter your life event date and then click on the “Continue” button
 - Follow the instructions online
2. Download and submit your completed “Dependent Care Spending Account Change in Cost Affidavit” to the Benefits Plan Administrator by using the “Upload” link in the “Documentation required” section of your Enrollment Homepage at www.mylacountybenefits.com, or attach your completed form to an email and send it to documents@mylacountybenefits.com.

Participants may increase their contributions or re-enroll in a 2020 DCSA using this same life event when their dependents return to school or daycare sometime in 2020.

If you have any questions, call the Benefits Hotline at (213) 388-9982, Monday through Friday, 8 AM to 4 PM.